

**Lesson 4**  
**We rise through God's grace**  
**The Sacrament of Repentance and Confession**

**True or false**

- 1-When we repent and confess through the sacrament of priesthood God forgive us and accept us.
- 2-The priest takes our sins and puts them on us Lord Jesus Christ.
- 3-After confession the priest puts the cross on your head and prays the absolution during this time you should pray psalm 51 "have mercy on me O God".
- 4- Return to me and I will return to you (Malachi: 3:17).
- 5- When the prodigal son returned to his father, his father accepted him with joy.
- 6- Through the cross the door of paradise was opened to us and through the sacraments of repentance and confession only we declare we are the children of God.
- 7- The priest tell the confessor God has forgiven him through the authority that was given to him by our Lord Jesus.
- 8- During confession try to find excuses for yourself or justify your sins.
- 9- The Holy Spirit makes us feel that we do not need repentance for our sins because they are so small.
- 10- Pope Shenouda ||| said (in confession we obtain absolution from our sins and solution to our problems).
- 11- Confession is a good time to ask the priest about any questions you need answers for.
- 12- It's okay to hide a sin if we are too embarrassed of the priest we do not have to say all our sins.

**Please choose the right answer**

- 1- Any sin results in:
  - A- Nothing harmful
  - B- Separation from the world
  - C- Separation from God
  - D- nothing - it does not affect us
- 2- In what place in the Gospel was it recorded that our Lord Jesus Christ gave authority to the priest to give absolution to the confessor.
  - A- John 20:21-23
  - B- Matthew 20:21-23
  - C- Luke 20:21-23

D- Mark 20:21-23

3- The sacrament of repentance and confession was established by:

- A- The disciples of Christ
- B- The church
- C- Christ Himself
- D- One of the popes

4- Which of the following is not a way to offer true Repentance.

- A- Having faith in the Lord and hoping in his love that He will forgive me
- B- Avoiding the source of sin to not falling in it again
- C- Having the will and insistence to leave the sin
- D- Feeling regretful about my sin but doing nothing to change it

5- Which psalm you pray as the priest is giving you the absolution.

- A- Psalm 1
- B- Psalm 150
- C- Psalm 50
- D- Psalm 5

6- Repentance is returning to God by:

- A- Changing our way
- B- Going to school
- C- Going to church
- D- Doing our homework

7- An example of God's acceptance to the repentant is in the parable of the prodigal son which is found in:

- A- Luke 5
- B- Luke 15
- C- Luke 10
- D- Luke 12

8- Who gives the confessor the absolution?

- A- Anyone can do it
- B- The father of confession
- C- Church servants
- D- The Confessor's parents

9- Who carries our sins and abolishes them.

- A- The priest
- B- The Confessors themselves
- C- Our Lord Jesus Christ
- D- the Saints

10- If we do something wrong against someone the process of repentance should include.

- A- Apologizing while grumbling
- B- Apologizing humbly while asking for their forgiveness

- C-Nothing on my part
- D- Waiting for them to apologize

**Answer the following questions**

A-List four steps that we should follow before Confession:

- 1- \_\_\_\_\_
- 2- \_\_\_\_\_
- 3- \_\_\_\_\_
- 4- \_\_\_\_\_

B-List four possible obstacles that the devil tries to put before us to delay our repentance:

- 1- \_\_\_\_\_
- 2- \_\_\_\_\_
- 3- \_\_\_\_\_
- 4- \_\_\_\_\_

C- List the blessings of the sacrament of repentance and confession:

- 1- \_\_\_\_\_
- 2- \_\_\_\_\_
- 3- \_\_\_\_\_

D- Before confession what steps should we take while preparing:

- 1- \_\_\_\_\_
- 2- \_\_\_\_\_
- 3- \_\_\_\_\_

E- List the steps that we should take after confession:

- 1- \_\_\_\_\_
- 2- \_\_\_\_\_
- 3- \_\_\_\_\_

**Fill in the blanks**

1- The one who.....to me I will by no .....cast..... (.....6:37)

2- If we .....our ....., He is..... and .....to .....us our sins and to ..... us from all ..... (1 John 1: ...)

3- My son was..... And is .....; He was .....and is ..... (Luke ....: ....)

4- Pope ..... || | said in confession we obtain ..... From our ..... And ..... to our .....

5-True ..... +.....and .....= forgiveness of sins.

6- Through the .....God has opened for us the gate of .....

7- ..... to me and I will .....to you (Malachi ....: ...)

8- .....is returning to God and..... Our ways.