

SAINT PAUL

THE FIRST HERMIT

1. When & where was St. Paul born?
2. Why did he decide to live in the desert ? & for how long did live there?
3. How did God take care of St.Paul?
4. Who use to live in the same desert? & how did he find out about St. Paul?
5. How did St.Antony find the cave where St. Paul lived?
6. “Blessed is our loving God who always provides for us” give an example for how can this saying be applied to St. Paul & St. Antony’s lives?
7. Why was St. Paul waiting for St. Antony’s visit ? & what did he request from him?
8. What was St. Antony’s vision?
9. Whose robe did St. Antony use to wrap St. Paul’s body?
10. Who helped St. Antony digging a big hole to burry St. Paul’s body?
11. Where is the cave of St. Paul now ?

ABBA MACARIUS

THE GREAT

1. Where did Abba Macarius start monasticism?
2. What does Epnevma-Tovoros mean?
3. Explain why Abba Macarius was called Epnevma-Tavoros?
4. Where was Abba Macarius born? What did he use to do for living?
5. Who appeared to Abba Macarius? What was his message?
6. Who became Abba Macarius’ companion for the rest of his life?
7. How old was Abba Macarius when he started his solitude’s life?
8. How old was Abba Macarius when he was ordained priest?
9. Who made him a priest & what was his reaction?
10. What happened to Abba Macarius when a pregnant girl accused him falsely that he is her child’s father? What was Abba Macarius’ reaction?
11. How did God reveal the truth ?
12. Why did Abba Macarius leave to Scetis in the valley of Nitron?
13. Who guided Abba Macarius spiritually?
14. What was Scetis called ? How many monasteries were there?

15. A voice from heaven said “blessed are you Macarius, you acted like your savior in concealing other people’s sins” explain why.
16. At what age Abba Macarius died? Who was with him at the hour of his death?

ABBA PACHOMIUS

THE FATHER OF CENOBITISM

1. Why is Abba Pachomius known as “the father of cenobitism”? explain
2. When was Saint Pachomius born?
3. Were his parents Christian?
4. How did Christians influence his life? & what can we learn from that?
5. At what age was St. Pachomius baptized?
6. Who appeared to St. Pachomius?, what was his message?
7. What is the cenobitic system and what are the rules?
8. Name some of the first monasteries that applied the cenobitic system?
9. At what age did St. Pachomius die?

SAINT ATHANASIUS

THE APOSTOLIC

1. When & where was St. Athanasius born?
2. Tell us about St. Athanasius relationship with Pope Alexandrius.
3. Who is Arius & what is Arianism?
4. What is “Monotheism”?
5. Why did Pope Alexandrius ordain St. Athanasius priest?
6. How did St. Athanasius defeat Arius & what was his theology ?
7. What is a Creed? Who wrote the creed? & what is the importance of having a creed?
8. What happened to Arius?
9. When did St. Athanasius ordain as pope & for how long ?
10. Why was St. Athanasius exiled? How many times & where was he exiled ?
11. How did Arius die? Explain the power of prayer in this story.
12. How many times was St. Athanasius forced to leave Alexandria?
13. How old was St. Athanasius when he returned to Alexandria?
14. When did St. Athanasius die?