

The Virtue of Patience



What is Patience?

“The capacity to accept or tolerate delay, trouble, or suffering without getting angry or upset.”



Patient?

- Why?
- For how long?
- With who?



Why should be patient?

- “By your patience Possess your souls” (Luke 21:19)
- Patience is a natural result for a love.

God has been so patient with mankind
since the beginning.



For how long?

- “He who endures to the end will be saved”
(Matthew 10:22) Examples of people who were patient in the Bible:
- Jacob and Laban.
- David and Saul.
- Joseph in Egypt.
- Noah and the ark.

Jacob and Laban

- Jacob waited for 14 years to marry Rachel.



David and Saul

- David had to wait for 13 years after being anointed to actually become a King.



Noah built the ark in 100 years.



With whom am I supposed to be patient?

- God
- Myself
- Others.

How to acquire patience

- Prayers
- Humility
- Holy Sacraments.
- Discipleship.

How to help others acquire the virtue of patience

- Role model. “And for their sake I sanctify myself” (John 17:19)

Conversation

- “And He said to him, “you have rightly judged.” (Luke 7:43)
- “You have well said , “I have no husband” (John 4:17)

Guidance

- “ Jesus said to her, “Go call your husband, and come here.” The woman answered and said, “I have no husband.” Jesus said to her, “You have well said. I have no husband, for you have had five husbands, and the one whom you have is not your husband, in that you have spoke truly.”
- (John 4: 17-18)